

## PRESS RELEASE

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Irvine, CA

Solera is proud to announce an exciting partnership with Vitalae Ventures® featuring their LivingWELL Anywhere™ program. Vitalae has been integrating wellness programming into communities and corporations nationwide for more than 15 years. Vitalae's LivingWELL Anywhere™ program delivers personalized lifestyle solutions to participants regardless of where they may be in their wellness journey, allowing them to achieve positive lifestyle changes. The goal of the program is to get individuals to understand the impact of nutrition and lifestyle on diabetes while introducing them to healthy habits that they continue to maintain life-long.

According to the CDC, eighty-six million Americans have prediabetes—or roughly 1 out of 3 adults. Of those, 9 out of 10 don't know they have it. The partnership between Solera and Vitalae results in one of the most effective CDC-approved programs for diabetes prevention. Vitalae is rolling the program out in strategic areas starting with Orange County, California with the goal of implementing nationwide.

As Managing Director at Vitalae Ventures®, Jim Brewer, has been in the fitness industry for over 40 years and his personal mission is to deliver value based health and wellness programs and service offerings to the fitness industry—positively changing lives.